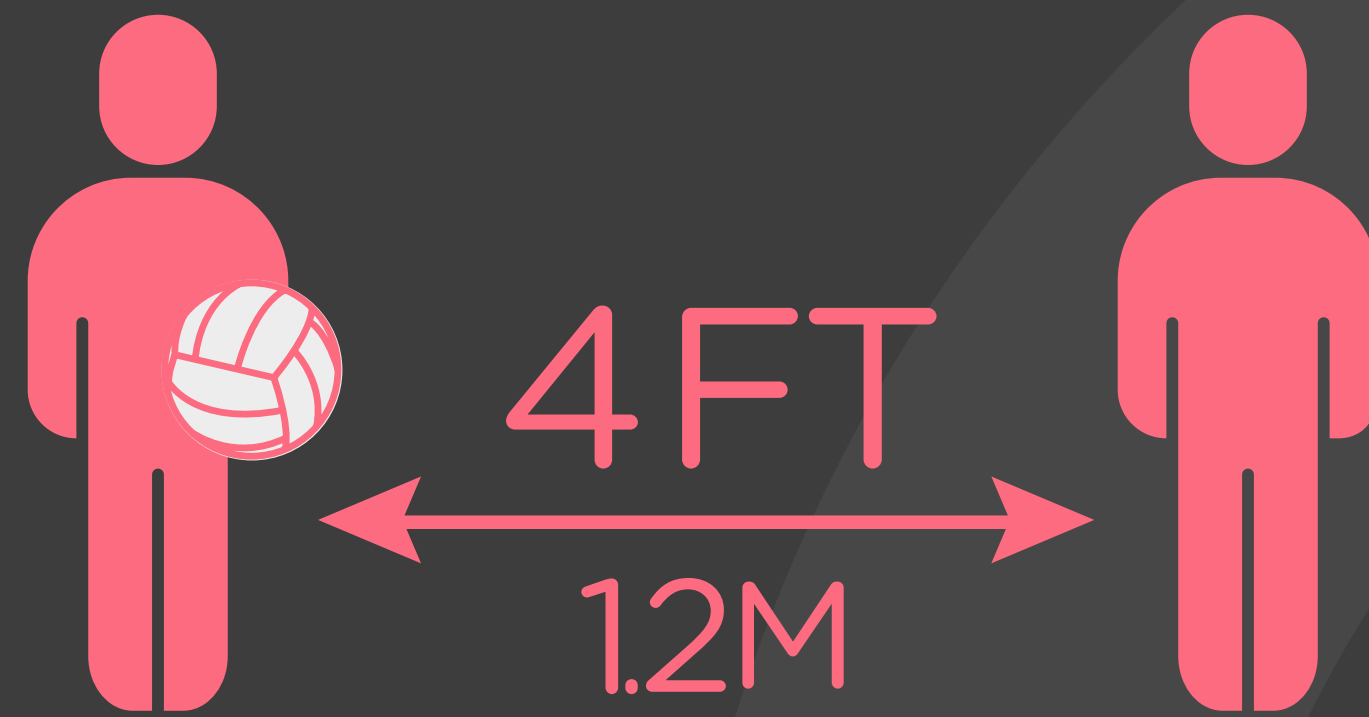


# STAGE 4 MODIFIED NETBALL ACTIVITY

This information is subject to change and was last updated on 18th August 2020



**RISK MITIGATION  
PROTOCOLS**



**RULE  
MODIFICATIONS**

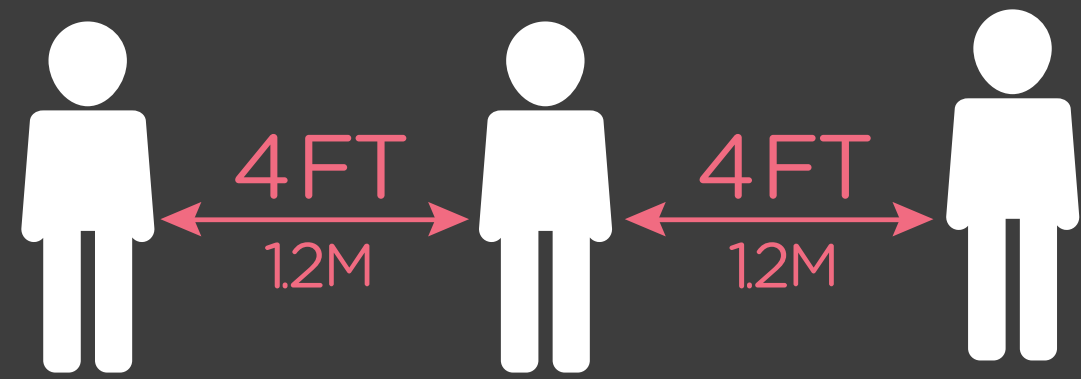


**SOCIAL  
DISTANCING**

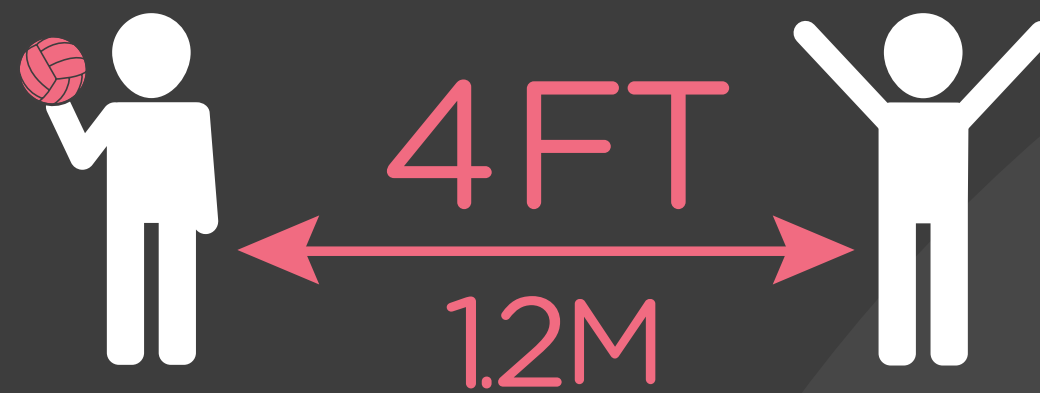
# STAGE 4 MODIFIED NETBALL ACTIVITY

## RULE MODIFICATIONS

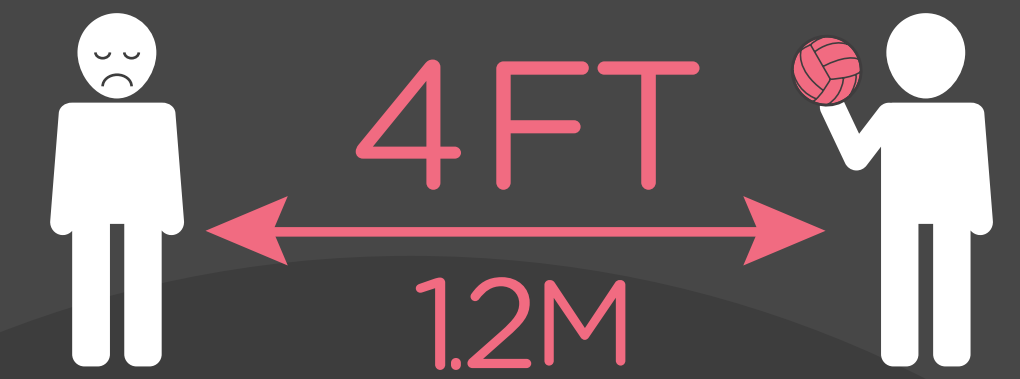
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4FT SPACING FOR THE START OF PLAY



4FT MARKING



4FT POSITION OF PENALISED PLAYER



REMOVAL OF TOSS UPS



REMOVAL OF IDLE INTERACTIONS

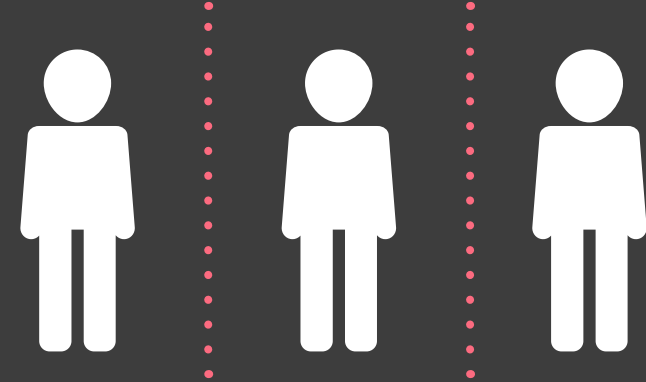
# STAGE 4 MODIFIED NETBALL ACTIVITY

## SOCIAL DISTANCING

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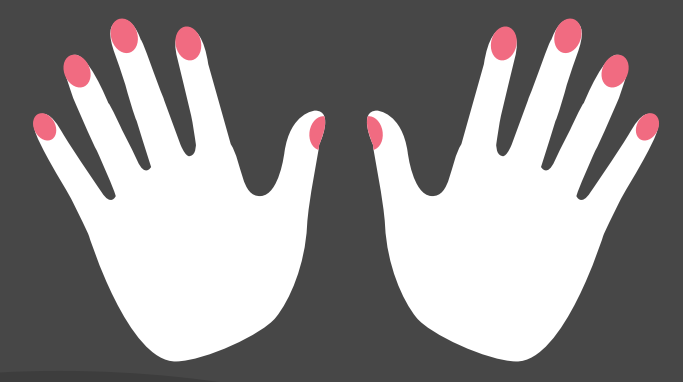
ARRIVING AT NETBALL



DURING BREAKS IN PLAY AND ON THE TEAM BENCH



LEAVING NETBALL



NAIL CHECKS FROM 2 METRES



NO TEAM PRE MATCH, QUARTER OR HALF TIME HUDDLES



NO PRE MATCH, QUARTER OR HALF TIME HANDS IN



NO SHOUTING OR CHEERING



NO HIGH FIVING



NO POST MATCH HUGS



NO POST MATCH HAND SHAKES



POST MATCH PAPERWORK MUST BE COMPLETED BY ONE INDIVIDUAL AND SHARED DIGITALLY



NO POST MATCH TEA

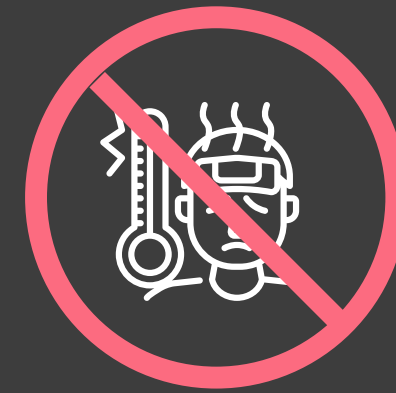
# STAGE 4 MODIFIED NETBALL ACTIVITY

## RISK MITIGATION PROTOCOLS

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UNDERSTAND YOUR PERSONAL RISK



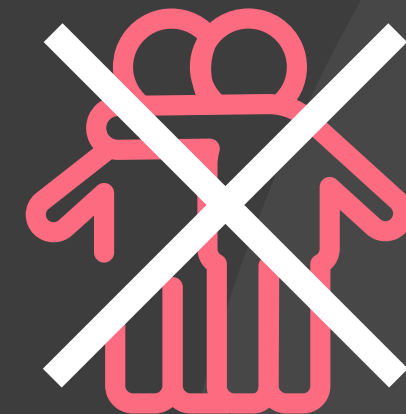
CHECK FOR COVID-19 SYMPTOMS



SANITISE HANDS BEFORE AND ON ARRIVAL



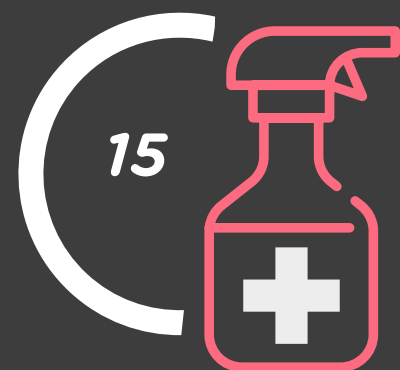
TRAVEL TO NETBALL FOLLOWING GOVERNMENT GUIDANCE



MAINTAIN SOCIAL DISTANCING AT ALL TIMES OFF COURT



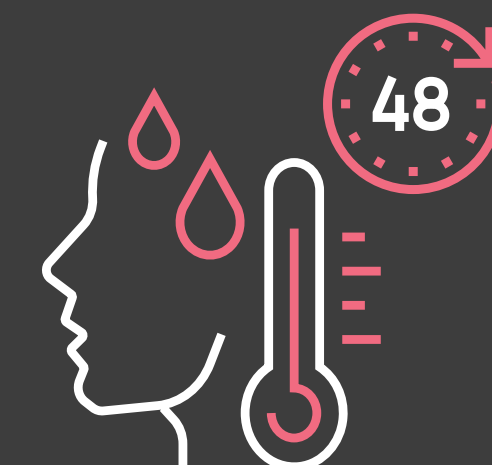
REGISTER AND COMPLETE TEST AND TRACE



BREAK TO CLEAN THE BALL AND SANITISE YOUR HANDS EVERY 15 MINUTES



NO BIB OR PERSONAL ITEM SHARING



IF YOU DEVELOP SYMPTOMS REPORT TO NHS TEST AND TRACE